

3	Erin Powell	NWU	7.56	6
4	Rachael Martin	Northwestern	7.57	4
5	Lauren Sankey	Concordia Un	7.74	2
6	Tamisha Rose	Hastings	7.81	1

Women 200 Meter Dash

GPAC Record: \$ 25.57		2003	Gabiella Edwards, Briar Cliff		
NAIA Auto: * 26.15					
Name	Year	School	Finals	H#	Points
1	Danette Mills	Sioux Falls	26.25	4	10
2	Tamisha Rose	Hastings	26.26	4	8
3	Tiffany Roemmich	Doane	26.59	2	6
4	Erin Powell	NWU	26.69	4	4
5	Monica Metzger	Doane	26.88	3	2
6	Kristi Lockhart	NWU	26.89	4	1
7	Rachael Martin	Northwestern	26.93	2	
8	Lauren Sankey	Concordia Un	26.96	3	
9	Jerilee Landgren	Doane	26.97	2	
10	Katie Dobesh	NWU	27.03	3	
11	Ashley Styskal	NWU	27.04	1	
12	Katie Novak	Sioux Falls	27.35	2	
13	Vicki Tatro	Briar Cliff	27.44	2	
14	Sandy Van Roekel	Briar Cliff	27.60	1	
15	Holly Andrews	NWU	27.64	1	
16	Amanda Becker	SR Doane	27.90	1	
17	Tasha Mette	Mt. Marty	29.30	1	
--	Amber Bretschneider	Midland	NT	3	

Women 400 Meter Dash

GPAC Record: \$ 56.92		2003	Claire Kersenbrock, Nebraska Wesleyan		
NAIA Auto: * 59.00					
Name	Year	School	Finals	H#	Points
1	Tamisha Rose	Hastings	58.58*	3	10
2	Danette Mills	Sioux Falls	58.84*	3	8
3	Ashley Styskal	NWU	59.51	3	6
4	Tiffany Roemmich	Doane	59.63	3	4
5	Jerilee Landgren	Doane	1:00.32	2	2
6	Abbie Soodsma	Dordt	1:00.59	3	1
7	Megan Harding	Northwestern	1:00.94	2	
8	Lauren Sankey	Concordia Un	1:01.21	2	
9	Katie Novak	Sioux Falls	1:01.78	2	
10	Monica Metzger	Doane	1:01.95	3	
11	Melissa Respeliars	Dana College	1:02.54	2	
12	Beth De Jonge	Dordt	1:02.93	2	
13	Stephanie Kohlwey	Concordia Un	1:03.54	1	
14	Laura Condon	Mt. Marty	1:04.37	1	
15	Ellie Richardson	NWU	1:05.01	1	
16	Elizabeth Prigge	FR Doane	1:05.22	1	
17	Nicole Curry	Hastings	1:05.24	1	
18	Amanda Cairney	Briar Cliff	1:05.39	1	

Women 1 Mile Run

GPAC Record: \$ 4:59.76		2001	Mary Livengood, Doane College		
NAIA Auto: * 5:14.50					
Name	Year	School	Finals	Points	

1	Jennifer Nikkila	Concordia Un	5:09.48*	10
2	Molly Engel	Concordia Un	5:10.76*	8
3	Micah Dubbs	Concordia Un	5:11.80*	6
4	Ashley Sabin	NWU	5:14.38*	4
5	Mary Fouberg	Sioux Falls	5:16.90	2
6	Amber Brandenburger	NWU	5:18.85	1
7	Santana Hummel	Hastings	5:29.80	
8	Melanie Adamson	Concordia Un	5:40.34	
9	Candice Whitney	Morningside	5:44.20	
10	Amanda Godemann	NWU	5:47.20	
11	Carmen Moss	Northwestern	5:47.97	
12	Kalina Carlson	Mt. Marty	6:07.19	
13	Amy McIntyre	DWU	6:14.37	
14	Amanda Rye	Sioux Falls	6:16.60	
15	Randi McMahon	Hastings	6:20.02	
--	Jennifer Henderson	Concordia Un	NT	
--	Melissa Weeder	Concordia Un	NT	

Women 600 Meter Run

GPAC Record: \$ 1:34.52 2001 Wendy Brouillette, Doane College					
NAIA Auto: * 1:39.84					
Name	Year	School	Finals	H#	Points
1	Gail Klitz	JR Doane	1:36.74*	3	10
2	Shanna Vetter	Northwestern	1:38.15*	3	8
3	Mikyla Dittman	Northwestern	1:38.24*	2	6
4	Stacey Bachle	Doane	1:39.12*	3	4
5	Megan Kinney	FR Doane	1:40.81	3	2
6	Carrie Nix	Sioux Falls	1:43.00	2	1
7	Kali Bruns	Mt. Marty	1:44.13	1	
8	Gena Parker	Sioux Falls	1:44.94	1	
9	Heather Maxwell	Briar Cliff	1:45.16	2	
10	Brittany Commins	FR Doane	1:45.63	2	
11	Jenny Wright	DWU	1:51.12	2	
12	Melissa Rueg	Concordia Un	1:52.03	3	
13	Paula Mettler	DWU	1:52.52	1	
14	Jenny Armstrong	Morningside	1:53.69	1	
15	Jessica Chizek	Dana College	1:54.51	3	

Women 800 Meter Run

GPAC Record: \$ 2:18.78 2001 Courtney Clinard, Nebraska Wesleyan				
NAIA Auto: * 2:22.50				
Name	Year	School	Finals	Points
1	Molly Engel	Concordia Un	2:19.00*	10
2	Melissa Klein	Dordt	2:19.08*	8
3	Mary Fouberg	Sioux Falls	2:20.65*	6
4	Heidi Bumann	Briar Cliff	2:22.43*	4
5	Ellie Windle	SO Doane	2:22.94	2
6	Angela Matthews	Concordia Un	2:24.84	1
7	Tanya Kanengieter	Concordia Un	2:26.92	
8	Kristen Maakestad	Northwestern	2:27.64	
9	Jenny Erickson	Northwestern	2:27.73	
10	Lori Rowenhorst	Dordt	2:28.45	
11	Brenda Faimon	NWU	2:29.42	
12	Annie McInnis	Morningside	2:29.53	
13	Brook Wagner	Northwestern	2:30.17	

14	Patience Vander Plaats	NWU	2:31.54
15	Erin Blayloch	NWU	2:38.95
16	Jamie Burmeister	Concordia Un	2:50.12
--	Kap Ainslie	Northwestern	NT

Women 1000 Meter Run

GPAC Record: \$ 2:57.77		2001	Mary Livengood, Doane College	
NAIA Auto: * 3:06.00				
Name	Year	School	Finals	Points
1	Jennifer Nikkila	Concordia Un	3:01.17*	10
2	Laura Jacobson	Northwestern	3:03.24*	8
3	Micah Dubbs	Concordia Un	3:05.39*	6
4	Santana Hummel	Hastings	3:08.13	4
5	Amber Brandenburger	NWU	3:08.33	2
6	Tanya Rowenhorst	Dordt	3:19.65	1
7	Shelly Ingwerson	Hastings	3:20.47	
8	Carrie Nix	Sioux Falls	3:21.62	
9	Lindsey McKinstry	Midland	3:21.76	
9	Mattie Clark	Concordia Un	3:21.76	
11	Ashley Noel	Doane	3:22.76	
12	Lindsey Wallman	FR Doane	3:24.93	
13	Jessica Johnson	Sioux Falls	3:27.74	
14	Amanda Bliss	Briar Cliff	3:27.81	
15	Kara Buhman	NWU	3:33.13	
16	Jill Bottelfsen	Morningside	3:37.69	
17	Randi McMahon	Hastings	3:48.15	
--	Melanie Adamson	Concordia Un	NT	

Women 3000 Meter Run

GPAC Record: \$ 10:33.66		2003	Melissa Joel, Doane College	
NAIA Auto: * 10:34.90				
Name	Year	School	Finals	Points
1	Kelly Waterman	Concordia Un	10:38.02	10
2	Molly Engel	Concordia Un	10:44.39	8
3	Ashley Sabin	NWU	10:45.83	6
4	Brittany Hubbard	NWU	10:53.79	4
5	Anne Dreyer	JR Doane	10:57.81	2
6	Michelle Quinlan	Concordia Un	11:04.16	1
7	Katie Weavill	DWU	11:05.05	
8	Jacquelyn Dibbern	Concordia Un	11:05.20	
9	Mary Kummerfeld	Northwestern	11:07.80	
10	Addie Kluth	Hastings	11:31.78	
11	Jamie Hansen	Concordia Un	11:32.08	
12	Cortney Johansen	SO Doane	11:33.69	
13	Hilary Powell	Concordia Un	11:43.70	
14	Paige McFerran	Sioux Falls	11:53.98	
15	Emily Grabow	Morningside	11:58.13	
16	Annette Fertig	Midland	12:20.86	
--	Dru McMillan	Dana College	NT	
--	Kami Long	NWU	NT	

Women 5000 Meter Run

GPAC Record: \$ 18:15.27		2/19/2005	Kelly Waterman, Concordia Un	
NAIA Auto: * 18:30.00				
Name	Year	School	Finals	Points

1	Kelly Waterman		Concordia Un	18:15.27\$	10
2	Kami Long		NWU	18:20.80*	8
3	Anne Dreyer	JR	Doane	18:21.46*	6
4	Jacquelyn Dibbern		Concordia Un	18:37.17	4
5	Michelle Quinlan		Concordia Un	18:37.49	2
6	Cortney Johansen	SO	Doane	19:16.01	1
7	Nicole Callan		Midland	19:37.55	
8	Kylee Bendfeldt		NWU	19:42.56	
9	Addie Kluth		Hastings	20:06.14	
10	Jossy Newquist		Hastings	20:11.98	
11	Jennifer Henderson		Concordia Un	20:14.37	
12	Sara Hemberger		Hastings	20:26.10	
13	Melissa Weeder		Concordia Un	20:36.19	
14	Kristen Donovan		Doane	20:39.13	
15	Anneliese Wright	SR	Doane	20:41.13	
16	Shanel Wambolt		Hastings	21:07.40	
17	Elizabeth Brase		Hastings	21:33.36	
18	Lindsey Bliemeister		Dana College	21:37.67	

Women 55 Meter Hurdles

GPAC Record: \$ 8.11 1985 Melody Robinson, Midland Lutheran
 NAIA Auto: * 8.62

Name	Year	School	Prelims	H#
Preliminaries				
1		Amy Vanderkolk	NWU	* 8.34q 2
2		Sarah Peters	Midland	* 8.42q 3
3		Holly Andrews	NWU	* 8.44q 1
4		Annette Ekberg	Hastings	* 8.51q 1
5		Kristin Welsch	DWU	* 8.62q 3
6		Dani Nott	SO Doane	8.72q 2
7		Sarah Wolfe	Midland	8.76 1
8		Stephanie Kohlwey	Concordia Un	8.81 2
9		Lindsey Snowdon	NWU	8.83 1
10		Katie Kosmos	Doane	8.94 3
11		Jeanetta Groenendyk	Dordt	9.17 2
12		Val Gibson	Morningside	9.27 2
13		Katie O'Byrne	Morningside	9.47 3
14		Madelyn Lorenzen	Concordia Un	9.71 1
15		Hallie McBride	Doane	10.16 3
16		Brandi Stanek	Hastings	10.26 1

Women 55 Meter Hurdles

GPAC Record: \$ 8.11 1985 Melody Robinson, Midland Lutheran
 NAIA Auto: * 8.62

Name	Year	School	Finals	Points
Finals				
1		Amy Vanderkolk	NWU	8.17* 10
2		Sarah Peters	Midland	8.30* 8
3		Holly Andrews	NWU	8.40* 6
4		Dani Nott	SO Doane	8.54* 4
5		Kristin Welsch	DWU	8.57* 2
6		Annette Ekberg	Hastings	8.59* 1

Women 4x400 Meter Relay

GPAC Record: \$ 4:00.02 2/19/2005 Doane College, Doane
 Klitz , Landgren , Windle
 NAIA Auto: * 4:04.50
 School Finals H# Points

School	Finals	H#	Points
1 Doane College	4:00.02\$	3	10
1) Gail Klitz JR	2) Jerilee Landgren		
3) Ellie Windle SO	4) Tiffany Roemmich		
2 Northwestern College	4:04.79	3	8
1) Megan Harding	2) Jessica Regan		
3) Laura Jacobson	4) Shanna Vetter		
3 University of Sioux Falls	4:06.02	3	6
1) Katie Novak	2) Mary Fouberg		
3) Jaime Finck	4) Danette Mills		
4 Dordt College	4:06.13	3	4
1) Abbie Soodsma	2) Jen Kempers		
3) Beth De Jonge	4) Melissa Klein		
5 Concordia Univ	4:11.37	2	2
1) Angela Matthews	2) Jennifer Nikkila		
3) Stephanie Kohlwey	4) Lauren Sankey		
6 Midland Lutheran College	4:12.35	2	1
1) Sarah Wolfe	2) Beth Kitchens		
3) Nicole Krepel	4) Sarah Peters		
7 Hastings College	4:20.60	2	
1) Renee Faimon	2) Nicole Curry		
3) Brandi Stanek	4) Tamisha Rose		
8 Dakota Wesleyan Univ.	4:24.43	1	
1) Jenny Wright	2) Heather Winnan		
3) Tristen Schulz	4) Tricia Hight		
9 Morningside College	4:24.49	1	
1) Annie McInnis	2) Katie O'Byrne		
3) Jennifer Gould	4) Candice Whitney		
10 Mount Marty College	4:26.95	2	
1) Tasha Mette	2) Jennifer Cleveland		
3) Laura Condon	4) Kali Bruns		
-- Nebraska Wesleyan Univ.	NT	1	

Women 4x800 Meter Relay

School	Finals	Points
GPAC Record: \$ 9:33.63 2001 Dordt College, Dordt College R Demarest, J Rowenhorst, E Kauk, L Cannegieter		
NAIA Auto: * 9:47.00		
1 Dordt College	9:38.73*	10
1) Melissa Klein	2) Tanya Rowenhorst	
3) Abbie Soodsma	4) Jen Kempers	
2 Concordia Univ	9:41.57*	8
1) Angela Matthews	2) Tanya Kanengieter	
3) Melissa Rueg	4) Micah Dubbs	
3 Northwestern College	10:03.29	6
1) Kristen Maakestad	2) Jenny Erickson	
3) Brook Wagner	4) Kap Ainslie	
4 Doane College	10:04.46	4
1) Ashley Noel	2) Lindsey Wallman FR	
3) Ellie Windle SO	4) Brittany Commins FR	
5 University of Sioux Falls	10:06.54	2
1) Gena Parker	2) Jessica Johnson	
3) Jaime Finck	4) Kyla Tysdal	
6 Morningside College	10:26.34	1

1) Candice Whitney	2) Jill Bottelfsen	
3) Emily Grabow	4) Annie McInnis	
7 Midland Lutheran College		10:26.50
1) Lindsey McKinstry	2) Chelsea Peterson	
3) Beth Kitchens	4) Annette Fertig	
8 Mount Marty College		10:29.15
1) Jennifer Cleveland	2) Kali Bruns	
3) Kalina Carlson	4) Beverly Wurpts	
9 Dakota Wesleyan Univ.		10:36.81
1) Paula Mettler	2) Heather Winnan	
3) Amy McIntyre	4) Lisa Spors	
-- Nebraska Wesleyan Univ.		NT
1) Patience Vander Plaats	2) Hannah Peterson	
3) Amber Phipps	4) Brenda Faimon	
-- Hastings College		NT
1) Shelly Ingwerson	2) Leah Manz	
3) Maggie Henton	4) Shanel Wambolt	

Women High Jump

GPAC Record: \$ 5-10 1992 Kim Oden, Nebraksa Wesleyan
 NAIA Auto: * 5-04.25

Name	Year School	Finals	Points
1 Katie Jasa	JR Doane	5-06.00*	1.67m 10
2 Sarah Peters	Midland	5-04.00	1.62m 8
3 Jen Kempers	Dordt	J5-04.00	1.62m 6
4 Lindsey Snowdon	NWU	5-02.00	1.57m 4
5 Hallie McBride	Doane	J5-02.00	1.57m 2
6 Katie Kosmos	Doane	J5-02.00	1.57m 1
7 Jennifer Gould	Morningside	J5-02.00	1.57m
8 Avery Lutz	Doane	5-00.00	1.52m
9 Allison Raders	Concordia Un	J5-00.00	1.52m
10 Stephanie Kohlwey	Concordia Un	4-10.00	1.47m
10 Shelby Heaton	FR Doane	4-10.00	1.47m
12 Leslie Kappenman	Mt. Marty	J4-10.00	1.47m
12 Megan Harding	Northwestern	J4-10.00	1.47m
-- Lisa Huizinga	Dordt	NH	
-- Becky Hoffman	Midland	NH	

Women Pole Vault

GPAC Record: \$ 12-08 2/19/2005 Meagan Bauer, Doane
 NAIA Auto: * 10-11.75

Name	Year School	Finals	Points
1 Meagan Bauer	FR Doane	12-08.00\$	3.86m 10
2 Megan Harrington	JR Doane	11-06.00*	3.50m 8
3 Melissa Cumbee	Mt. Marty	11-00.00*	3.35m 6
4 Lindsay Aurich	Concordia Un	J11-00.00*	3.35m 4
5 Brittany Walton	JR Doane	J11-00.00*	3.35m 1.5
5 Michelle Anderson	Concordia Un	J11-00.00*	3.35m 1.5
7 Kami Wettlaufer	Midland	J11-00.00*	3.35m
8 Erin Eitzman	Concordia Un	10-06.00	3.20m
8 Alyssa Jefferson	SR Doane	10-06.00	3.20m
8 Tessa Smolik	SO Doane	10-06.00	3.20m
11 Audra Leichleiter	Hastings	10-00.00	3.04m
11 Lindsey Eret	JR Doane	10-00.00	3.04m
12 Catherine Bode	Midland	J10-00.00	3.04m
-- Mira Brown	NWU	NH	

-- Sophia Skrdla Mt. Marty NH
 -- Chelsie Wilson Hastings NH
 -- Jennifer Junk Midland NH

Women Long Jump

GPAC Record: \$ 19-00.25 1989 Carol Bailey, Concordia					
NAIA Auto: * 17-09					
Name	Year	School	Finals		Points
1 Erin Powell		NWU	17-09.00*	5.41m	10
2 Sarah Wolfe		Midland	17-08.25	5.39m	8
3 Amanda Baumert		Midland	17-05.75	5.32m	6
4 Renee Faimon		Hastings	17-00.00	5.18m	4
5 Linsey Thomsen		NWU	16-10.75	5.14m	2
6 Katie Kosmos		Doane	16-10.00	5.13m	1
7 Annette Ekberg		Hastings	16-09.50	5.11m	
8 Amanda Becker	SR	Doane	16-06.00	5.02m	
9 Rhonda Egger	JR	Doane	16-01.50	4.91m	
10 Crystal Pfisterer		Sioux Falls	15-04.50	4.68m	
11 Bridget Wilkinson		Hastings	15-00.75	4.59m	
12 Lisa Onnen		Concordia Un	14-11.75	4.56m	
13 Jennifer Weverink		Dordt	14-04.50	4.38m	

Women Triple Jump

GPAC Record: \$ 40-09 2002 Shannon Milhaltan, Hastings College					
NAIA Auto: * 36-05.75					
Name	Year	School	Finals		Points
1 Kayla Pietzyk		Doane	37-06.50*	11.44m	10
2 Nicole Krepel		Midland	36-07.50*	11.16m	8
3 Tiffany Hopkins	FR	Doane	36-05.00	11.09m	6
4 Erin Powell		NWU	36-02.50	11.03m	4
5 Rebecca Welsch	SO	Doane	36-02.25	11.02m	2
6 Renee Faimon		Hastings	35-07.75	10.86m	1
7 Jaime Finck		Sioux Falls	35-07.50	10.85m	
8 Molly Hines		NWU	34-03.50	10.45m	
9 Kristi Nelsen	FR	Doane	34-01.25	10.39m	
10 Steph Kaiser		NWU	33-05.00	10.18m	
11 Bridget Wilkinson		Hastings	33-04.00	10.16m	
11 Brittany Ulmer		DWU	33-04.00	10.16m	
13 Tara Arnold		Hastings	33-03.75	10.15m	
14 Jennifer Weverink		Dordt	33-01.75	10.10m	
15 Becky Hoffman		Midland	33-01.00	10.08m	
16 Cassie Jimenez	SO	Doane	32-07.50	9.94m	
17 Ashley Welton	FR	Doane	32-03.50	9.84m	
-- Allison Raders		Concordia Un			ND

Women Shot Put

GPAC Record: \$ 49-10.25 1994 Kim Hayes, Doane College					
NAIA Auto: * 41-06					
Name	Year	School	Finals		Points
1 Tawna Trail		Hastings	14.18m	46-06.25	10
2 Ann Gramkow		Midland	13.74m	45-01.00	8
3 Denise Rieck		Hastings	12.60m	41-04.25	6
4 Kim Svoboda		Doane	12.52m	41-01.00	4
5 Kelcey Zutavern	FR	Doane	12.38m	40-07.50	2

6	Marissa Moore		Sioux Falls	12.26m	40-02.75	1
7	Kristi Chapin		Briar Cliff	12.12m	39-09.25	
8	Amy Katsma		Northwestern	11.96m	39-03.00	
9	Jocelyn Spurgin	SO	Doane	11.77m	38-07.50	
10	Mackenzie Montag		Hastings	11.67m	38-03.50	
11	Julie Saathoff	SO	Doane	11.60m	38-00.75	
12	Sarah Hummelgard		Briar Cliff	11.37m	37-03.75	
13	Amy Price		DWU	11.32m	37-01.75	
14	Theresa Strand	SO	Doane	11.28m	37-00.25	
15	Tasha Osten		Concordia Un	11.19m	36-08.50	
16	Rachel Seidel		NWU	10.87m	35-08.00	
17	Angie Kayser		Mt. Marty	10.69m	35-01.00	
18	Krystal Lewellan	SO	Doane	10.61m	34-09.75	

Women Weight Throw

=====						
GPAC Record: \$ 59-04 2004 Sarah Greenup, Midland Lutheran						
NAIA Auto: * 49-06.25						
=====						
	Name	Year	School	Finals		Points
=====						
1	Ann Gramkow		Midland	16.58m	54-04.75	10
2	Theresa Strand	SO	Doane	15.58m	51-01.50	8
3	Kim Svoboda		Doane	15.44m	50-08.00	6
4	Tawna Trail		Hastings	15.33m	50-03.50	4
5	Jocelyn Spurgin	SO	Doane	14.95m	49-00.75	2
6	Mackenzie Montag		Hastings	14.56m	47-09.25	1
7	Denise Rieck		Hastings	14.50m	47-07.00	
8	Netanya Jamieson		Hastings	14.27m	46-10.00	
9	Tawny Fye	SO	Doane	14.04m	46-00.75	
10	Christina Lark		Concordia Un	13.65m	44-09.50	
11	Julie Saathoff	SO	Doane	13.61m	44-08.00	
12	Jennifer Nunnenkamp		NWU	13.36m	43-10.00	
13	Audrey Ideus	JR	Doane	13.33m	43-09.00	
14	Courtney Arseneault		DWU	13.16m	43-02.25	
15	Tasha Osten		Concordia Un	12.98m	42-07.00	
16	Alissa James		Briar Cliff	12.73m	41-09.25	
17	Rachel Seidel		NWU	11.77m	38-07.50	
18	Amy Price		DWU	11.74m	38-06.25	

Men 55 Meter Dash

=====						
GPAC Record: \$ 6.32 2003 Jamey Sperle, Dakota Wesleyan						
NAIA Auto: * 6.46						
=====						
	Name	Year	School	Prelims	H#	
=====						
Preliminaries						
1	Bret Blake		NWU	* 6.44q	1	
2	Willie Shelton		Dana College	6.63q	1	
3	Gordie Coffin		NWU	6.64q	2	
3	Jeff Aldrich		NWU	6.64q	3	
3	Eric Jones		Dana College	6.64q	2	
3	Nick Andrews		DWU	6.64q	2	
7	Jason Peters		NWU	6.65q	1	
7	Matt Turman		NWU	6.65q	3	
9	Rico Rosado		Morningside	6.69q	2	
10	Joe Richardson	SO	Doane	6.71q	3	
11	Anthony Rezac		Morningside	6.73	3	
12	Brandon Diamond		Hastings	6.74	2	
12	Kedrick Kelley	FR	Doane	6.74	1	
14	Travis Stoetzal		Hastings	6.76	3	

15	Jason Lane	Sioux Falls	6.77	2
16	Damian Phillips	Hastings	6.79	3
17	Tom Martin	Doane	6.87	1
--	Jose Beaton	Concordia Un	NT	1

Men 55 Meter Dash

GPAC Record: \$ 6.32 2003 Jamey Sperle, Dakota Wesleyan
 NAIA Auto: * 6.46

Name	Year	School	Finals	H#	Points
Finals					
1	Bret Blake	NWU	6.43*	1	10
2	Willie Shelton	Dana College	6.58	1	8
3	Nick Andrews	DWU	6.60	2	6
4	Gordie Coffin	NWU	6.61	1	4
5	Matt Turman	NWU	6.62	2	2
6	Jeff Aldrich	NWU	6.65	1	1
7	Eric Jones	Dana College	6.70	1	
7	Jason Peters	NWU	6.70	2	

Men 200 Meter Dash

GPAC Record: \$ 21.78 2003 Bret Blake, Nebraska Wesleyan
 NAIA Auto: * 22.30

Name	Year	School	Finals	H#	Points
1	Bret Blake	NWU	22.17*	5	10
2	Jeff Aldrich	NWU	22.56	5	8
3	Jason Peters	NWU	22.66	5	6
4	Nick Suing	Concordia Un	22.70	4	4
5	Gordie Coffin	NWU	22.84	5	2
6	Billy Mallet	Morningside	22.97	4	1
7	Jared Van Wyk	Dordt	23.00	3	
8	Brandon Diamond	Hastings	23.02	3	
9	Kedrick Kelley	FR Doane	23.12	4	
10	Anthony Rezac	Morningside	23.25	2	
11	Jess Wimmer	FR Doane	23.48	3	
12	Michael Railsback	SO Doane	23.54	2	
12	Willie Shelton	Dana College	23.54	1	
14	Joe Richardson	SO Doane	23.58	4	
15	Marcus Mitchell	FR Doane	23.59	1	
16	Ronnie Reams	Hastings	23.82	3	
16	Rico Rosado	Morningside	23.82	2	
18	Stephen Ray	NWU	23.86	2	
--	Jonathan Rempfer	Concordia Un	NT	1	

Men 400 Meter Dash

GPAC Record: \$ 49.60 2/19/2005 Nick Suing, Concordia Un
 NAIA Auto: * 49.65

Name	Year	School	Finals	H#	Points
1	Nick Suing	Concordia Un	49.60\$	3	10
2	Joel Bacon	Doane	49.89	3	8
3	Chris Wolf	NWU	50.44	3	6
4	Jeff Luebbe	JR Doane	50.60	3	4
5	Jason Peters	NWU	51.24	3	2
6	Jared Van Wyk	Dordt	51.40	2	1
7	Michael Thompson	Doane	51.47	2	

8	Ben Welsch	SR Doane	51.55	3
9	Bryce Becker	Northwestern	51.95	2
10	Kevin Herdegen	Dordt	52.18	1
11	Josh Veurink	Sioux Falls	52.26	1
12	Nick Thixton	FR Doane	52.28	1
13	Scott Burns	NWU	52.64	1
14	Jess Wimmer	FR Doane	53.22	2
15	Jeff Kelly	Hastings	53.29	2
16	Lance Beethe	Hastings	53.57	2
17	Ryan Ziegler	Hastings	53.88	1
--	Jonathan Rempfer	Concordia Un	NT	1

Men 1 Mile Run

GPAC Record: \$ 4:15.21 2/19/2005 Aaron Dye, NWU

NAIA Auto: * 4:20.00

Name	Year School	Finals	Points
1 Aaron Dye	NWU	4:15.21\$	10
2 Andrew Walquist	Concordia Un	4:16.04*	8
3 Brett Kapels	Concordia Un	4:17.09*	6
4 Jeremy Koch	Concordia Un	4:24.73	4
5 Robin Witte	SR Doane	4:25.53	2
6 John Kaup	Dana College	4:28.59	1
7 Jeremy Meyers	Morningside	4:37.23	
8 George Summerside	DWU	4:39.47	
9 James Berreth	Mt. Marty	4:41.92	
10 Matt Bloomingdale	Dana College	4:44.49	
11 Pat Stockhausen	Hastings	4:45.66	
12 Ben Underwood	NWU	4:46.49	
13 Andrew Yeager	Concordia Un	4:48.43	
14 Tobie Harrell	Sioux Falls	4:49.78	
15 Eric Heyl	NWU	4:52.85	
16 Anton du Preez	NWU	4:56.10	

Men 600 Meter Run

GPAC Record: \$ 1:19.23 2001 Jacob Koczman, Northwestern College

NAIA Auto: * 1:22.00

Name	Year School	Finals	H#	Points
1 Greg Torres	Doane	1:21.52*	3	10
2 Evan Knight	NWU	1:21.87*	3	8
3 Cyle Scherger	Sioux Falls	1:22.13	3	6
4 Ben Thayer	NWU	1:22.26	3	4
5 Corey Beckman	Briar Cliff	1:23.71	3	2
6 Daniel Lichter	Northwestern	1:25.24	3	1
7 Ron Bay	Morningside	1:25.60	2	
8 Andrew Newton	Concordia Un	1:25.82	2	
9 Josh Scherger	Sioux Falls	1:25.84	2	
10 Blair Lawton	Morningside	1:26.67	1	
11 DJ Miller	Briar Cliff	1:27.14	2	
12 Ronnie Reams	Hastings	1:27.64	2	
13 Kurt Jostes	Concordia Un	1:27.67	1	
14 Tim Klein	Dordt	1:28.02	1	
15 Lucas Tanney	Concordia Un	1:29.26	1	
16 Jake Bishop	Sioux Falls	1:29.31	2	
17 Tim Meyers	Concordia Un	1:29.34	1	
18 Kelly Skatvold	DWU	1:33.30	1	

Men 800 Meter Run

GPAC Record: \$ 1:54.61 2/19/2005 Blake Henning, NWU
 NAIA Auto: * 1:56.90

Name	Year School	Finals	H#	Points
1 Blake Henning	NWU	1:54.61\$	2	10
2 Matt Hollman	Doane	1:56.63*	2	8
3 Charles Knutson	Sioux Falls	1:56.69*	2	6
4 Kyle Johnson	Concordia Un	1:57.13	2	4
5 Matt Luevano	Concordia Un	1:59.41	2	2
6 Jacob Trettin	Morningside	1:59.51	2	1
7 Kris Kratz	NWU	2:02.06	1	
8 Mike Belling	Mt. Marty	2:04.12	1	
9 Nick Scott	NWU	2:11.03	1	
10 Lucas Tanney	Concordia Un	2:12.03	1	
11 Josh Boerman	Dordt	2:14.99	1	
-- Kurt Jostes	Concordia Un	NT	1	
-- Tim Meyers	Concordia Un	NT	1	

Men 1000 Meter Run

GPAC Record: \$ 2:29.99 2003 Mark Heider, Concordia
 NAIA Auto: * 2:33.00

Name	Year School	Finals	Points
1 Aaron Dye	NWU	2:31.18*	10
2 Andrew Walquist	Concordia Un	2:31.29*	8
3 Vince Sickler	NWU	2:32.76*	6
4 Brett Kapels	Concordia Un	2:33.20	4
5 Michael Vermeer	Northwestern	2:34.83	2
6 Jama Farah	Morningside	2:37.32	1
7 Chris Kube	Hastings	2:37.70	
8 Kasey Hoffman	Morningside	2:41.20	
9 Ethan Evert	NWU	2:41.92	
10 Jeff Dempsey	Briar Cliff	2:42.39	
11 Adam Lippold	Doane	2:43.51	
12 Kelsey Knehans	Hastings	2:44.01	
13 Matt Haden	Concordia Un	2:44.22	
14 Joel De Haan	Dordt	2:45.04	
15 Josh Peavy	FR Doane	2:45.89	
16 David Ernesti	Midland	2:46.01	
17 Steve Wise	Morningside	2:47.93	
18 Brady Fickenscher	Hastings	2:53.13	

Men 3000 Meter Run

GPAC Record: \$ 8:39.80 2/19/2005 Levi Ashley, NWU
 NAIA Auto: * 8:48.04

Name	Year School	Finals	Points
1 Levi Ashley	NWU	8:39.80\$	10
2 Craig Dye	NWU	8:49.44	8
3 Matt Maxon	DWU	8:51.32	6
4 Andrew Walquist	Concordia Un	8:52.59	4
5 Dan Van Engen	Dordt	8:56.30	2
6 Tim Eisenga	Dordt	8:58.20	1
7 Sam Malmberg	Doane	9:02.71	
8 Chris Dunker	NWU	9:03.32	
9 Jeremy Koch	Concordia Un	9:07.55	

10	Danny McClenahan	JR Doane	9:10.26
11	Travis Arment	Sioux Falls	9:11.45
12	Robin Witte	SR Doane	9:12.22
13	Colin Johnston	Doane	9:16.45
14	Jared Hansmeyer	SR Doane	9:19.76
15	Rob Hruska	NWU	9:26.28
16	Heath Trampe	Concordia Un	9:30.94
17	Guy McLaughlin	NWU	9:36.81
18	Curtis Wilson	Concordia Un	9:53.50

Men 5000 Meter Run

GPAC Record: \$ 15:05.15 2/19/2005 Matt Maxon, DWU

NAIA Auto: * 15:20.00

Name	Year	School	Finals	Points
1		Matt Maxon	DWU	15:05.15\$ 10
2		Craig Dye	NWU	15:20.67 8
3		Danny McClenahan	JR Doane	15:34.15 6
4		Sam Malmberg	Doane	15:37.94 4
5		Guy McLaughlin	NWU	15:57.99 2
6		Curtis Wilson	Concordia Un	16:08.03 1
7		Jared Hansmeyer	SR Doane	16:10.49
8		Heath Trampe	Concordia Un	16:12.05
9		Rob Hruska	NWU	16:20.33
10		Jeremy Driewer	JR Doane	16:21.88
11		Jeremiah Lepird	Hastings	16:22.18
12		Alan Dreyer	FR Doane	16:22.75
13		JJ Gums	Mt. Marty	16:33.54
14		Chris Mizel	Concordia Un	16:49.89
15		Nile Ureste	Northwestern	16:51.38
16		Eric Bane	Dana College	16:55.88
17		Matt Wood	Hastings	16:58.88
18		Ryan Rogers	Hastings	17:05.34

Men 55 Meter Hurdles

GPAC Record: \$ 7.37 2001 Vladimir Micic, Dakota Wesleyan

NAIA Auto: * 7.83

Name	Year	School	Prelims	H#
Preliminaries				
1		Chase Manstedt	Midland	* 7.75q 2
2		Michael Railsback	SO Doane	* 7.78q 1
3		Robbie Cundy	Northwestern	8.00q 1
4		Ramon Reams	Hastings	8.05q 3
5		Chris Gamble	Hastings	8.06q 3
6		Ryan Aspegren	NWU	8.09q 1
7		Larry Barringer	NWU	8.10 3
8		Eric Buse	Doane	8.13 2
9		Alex Praus	NWU	8.14 3
10		Scott Lervold	NWU	8.15 3
11		JD Allbright	Doane	8.17 1
11		Keithen Hergott	Hastings	8.17 2
13		Kaleb White	Concordia Un	8.18 2
14		Joe Seahorn	Concordia Un	8.22 1
14		Alex Israelson	NWU	8.22 2
16		Nathen Hergott	Hastings	8.29 1
17		Craig Pekny	NWU	8.42 3
18		Trever Eickhoff	Hastings	8.50 2

Men 55 Meter Hurdles

GPAC Record: \$ 7.37 2001 Vladimir Micic, Dakota Wesleyan				
NAIA Auto: * 7.83				
Name	Year	School	Finals	Points
Finals				
1 Michael Railsback	SO	Doane	7.70*	10
2 Chase Manstedt		Midland	7.71*	8
3 Ramon Reams		Hastings	7.93	6
4 Ryan Aspegren		NWU	7.95	4
5 Robbie Cundy		Northwestern	7.97	2
6 Chris Gamble		Hastings	8.13	1

Men 4x400 Meter Relay

GPAC Record: \$ 3:20.61 2001 Northwestern, Northwestern College				
S. Barhke, B. Reitz, B. Koerselman, J. Koczman				
NAIA Auto: * 3:22.30				
School			Finals	H# Points
1 Doane College			3:24.50	3 10
1) Joel Bacon	2) Jeff Luebbe JR			
3) Ben Welsch SR	4) Greg Torres			
2 Northwestern College			3:27.26	3 8
1) Robbie Cundy	2) Kraig Van Dyke			
3) Daniel Lichter	4) Bryce Becker			
3 Concordia Univ			3:27.49	2 6
1) Andrew Newton	2) Kyle Johnson			
3) Matt Luevano	4) Nick Suing			
4 University of Sioux Falls			3:27.52	2 4
1) Jame Johnikin	2) Josh Veurink			
3) Charles Knutson	4) Cyle Scherger			
5 Hastings College			3:30.50	3 2
1) Jeff Kelly	2) Ronnie Reams			
3) Ryan Ziegler	4) Lance Beethe			
6 Dordt College			3:30.90	2 1
1) Kevin Herdegen	2) Brett Kroeze			
3) Tim Klein	4) Jared Van Wyk			
7 Morningside College			3:31.92	2
1) Billy Mallet	2) Jacob Trettin			
3) Jama Farah	4) Ron Bay			
8 Midland Lutheran College			3:40.47	1
1) Chase Manstedt	2) Nick Welding			
3) David Ernesti	4) Joe Walker			
9 Dakota Wesleyan Univ.			3:44.83	1
1) Tim Ryan	2) Nick Andrews			
3) Keith Jones	4) Kelly Skatvold			
10 Mount Marty College			3:50.35	1
1) Mike Belling	2) James Berreth			
3) James Finnegan	4) Dave Morfeld			
-- Briar Cliff University			NT	1
-- Nebraska Wesleyan Univ.			DQ	3
1) Jeff Aldrich	2) Chris Wolf			
3) Evan Knight	4) Bret Blake			

Men 4x800 Meter Relay

GPAC Record: \$ 7:53.78 2003 Dordt, Dordt College

D. Foreman, P. Franz, J. Taylor, S. Petersen

NAIA Auto: * 7:57.00

School	Finals	Points
1 Morningside College	7:55.91*	10
1) Ron Bay	2) Jacob Trettin	
3) Jeremy Meyers	4) Jama Farah	
2 Concordia Univ	7:57.53	8
1) Andrew Newton	2) Kyle Johnson	
3) Matt Haden	4) Matt Luevano	
3 Doane College	8:08.05	6
1) Josh Peavy FR	2) Colin Johnston	
3) Mitchell Bern FR	4) Adam Lippold	
4 Dordt College	8:09.27	4
1) Josh Boerman	2) Joel De Haan	
3) Brett Kroeze	4) Tim Eisenga	
5 University of Sioux Falls	8:17.16	2
1) Jake Bishop	2) Kris Holmes	
3) Josh Scherger	4) Tobie Harrell	
6 Northwestern College	8:19.10	1
1) Brock Jensen	2) Jon Woehl	
3) Mark Den Hartog	4) Kraig Van Dyke	
7 Nebraska Wesleyan Univ.	8:24.10	
1) Ethan Evert	2) Ben Underwood	
3) Seth Evert	4) Kris Kratz	
8 Dakota Wesleyan Univ.	8:40.95	
1) George Summerside	2) Tim Ryan	
3) Dustin Elliott	4) Kelly Skatvold	
9 Hastings College	8:52.51	
1) Uzo Akotaobi	2) Pat Stockhausen	
3) Brady Fickenscher	4) Jeremiah Lepird	

Men High Jump

GPAC Record: \$ 7-00.25 1985

Steve Derr / Randy Debuhr, Doane / Midland

NAIA Auto: * 6-08

Name	Year School	Finals	Points
1 David Walden	FR Doane	6-08.00*	2.03m 10
2 David Craven	SO Doane	J6-08.00*	2.03m 8
3 Michael Ortmeier	Northwestern	6-06.00	1.98m 6
4 Austin Novotny	NWU	J6-06.00	1.98m 4
5 Dan De Jong	Dordt	6-04.00	1.93m 2
6 Chris Fransman	Dordt	J6-04.00	1.93m 1
7 Cay Ewoldt	Doane	J6-04.00	1.93m
8 Tyler Dieckmann	NWU	J6-04.00	1.93m
9 Jason Lane	Sioux Falls	6-02.00	1.87m
10 Nathan Mulder	Dordt	J6-02.00	1.87m
11 Joe Seahorn	Concordia Un	J6-02.00	1.87m
12 Austin Lewis	Hastings	6-00.00	1.82m
12 JD Allbright	Doane	6-00.00	1.82m
14 Scott Ross	Midland	J6-00.00	1.82m
15 Ryan Musil	Northwestern	J6-00.00	1.82m
15 Matt Kuhn	Doane	J6-00.00	1.82m
-- Forrest Gregory	Doane	NH	
-- Casey Makey	Concordia Un	NH	

Men Pole Vault

GPAC Record: \$ 17-05 2001

Thurston Kloster, Concordia

NAIA Auto: * 15-03

Name	Year School	Finals	Points
1 Walker Thomas	SR Doane	16-00.00*	4.87m 10
2 Derek Zulkoski	NWU	15-03.00*	4.64m 8
3 Clint Simmons	Hastings	J15-03.00*	4.64m 6
4 Tim Antes	Hastings	J15-03.00*	4.64m 4
5 Jordan Zoucha	Midland	14-09.00	4.49m 2
6 Matt Hampl	NWU	J14-09.00	4.49m 1
7 Travis Wagenknecht	NWU	14-03.00	4.34m
7 Tom George	NWU	14-03.00	4.34m
9 Ryan Dorshorst	JR Doane	J14-03.00	4.34m
10 Jordan Hahn	SR Doane	13-09.00	4.19m
11 Ryan Peterson	NWU	J13-09.00	4.19m
12 Austin Garner	FR Doane	J13-09.00	4.19m
13 Michael Stepp	Midland	13-03.00	4.03m
-- Sheldon Budler	Concordia Un	NH	
-- Blake Houchin	Doane	NH	
-- Luke Meyers	Concordia Un	NH	
-- Blake Hoffman	SO Doane	NH	
-- Kyle Hauschild	Midland	NH	
-- Reid Ehrisman	Concordia Un	NH	

Men Long Jump

GPAC Record: \$ 24-05.75 2001 Quinton Furr, Concordia
 NAIA Auto: * 23-00

Name	Year School	Finals	Points
1 Jed Droge	NWU	23-07.00*	7.18m 10
2 Brandon Diamond	Hastings	22-07.00	6.88m 8
3 Carl Fritz	NWU	22-00.75	6.72m 6
4 Tyson Glasser	Midland	22-00.25	6.71m 4
5 Damian Phillips	Hastings	21-10.25	6.66m 2
6 Josh Creekmore	Morningside	21-09.00	6.62m 1
7 Matt Turman	NWU	21-07.00	6.57m
8 Nick Howard	Hastings	21-03.75	6.49m
9 Blake Lambert	Doane	21-03.50	6.48m
10 Lance McCain	Hastings	21-02.75	6.47m
11 Chris Gamble	Hastings	21-01.25	6.43m
12 JD Allbright	Doane	20-10.25	6.35m
13 TyJuan Bingham	Hastings	20-06.00	6.24m
14 Joe Shepardson	DWU	20-05.25	6.22m
15 Joe Seahorn	Concordia Un	20-03.00	6.17m
16 Tom Martin	Doane	20-01.75	6.14m
17 Billy Mallet	Morningside	19-09.50	6.03m
-- Tyler Roewert	NWU	FOUL	

Men Triple Jump

GPAC Record: \$ 49-01.50 1991 Mike Cotrell, Hastings College
 NAIA Auto: * 46-03.25

Name	Year School	Finals	Points
1 Brandon Diamond	Hastings	47-04.00*	14.42m 10
2 Tyler Gingery	NWU	46-07.50*	14.21m 8
3 Josh Hardy	NWU	45-11.75	14.01m 6
4 Tom Martin	Doane	45-06.00	13.86m 4
5 Jahmal Lankford	Midland	45-05.50	13.85m 2
6 Daniel Witte	NWU	44-08.50	13.62m 1

7	Lance McCain	Hastings	44-02.00	13.46m
8	Carl Fritz	NWU	44-00.50	13.42m
9	Ryan Blahak	NWU	43-07.75	13.30m
10	Casey Carr	Concordia Un	43-06.75	13.27m
11	Chris Gamble	Hastings	43-03.50	13.19m
12	Reid Johnson	Sioux Falls	43-01.00	13.13m
13	Dustin Sinner	Sioux Falls	42-11.50	13.09m
14	Tyson Glasser	Midland	42-06.25	12.96m
15	Joe Shepardson	DWU	42-05.00	12.92m
15	Zach Wiebe	NWU	42-05.00	12.92m
17	Dan Gudmunson	Dordt	41-04.50	12.61m
--	Trenton Johns	SO Doane		ND

Men Shot Put

GPAC Record: \$ 56-06 1980 Bill Dietrick, Nebraska Wesleyan
 NAIA Auto: * 49-10.50

Name	Year	School	Finals		Points
1		Ryan Tietjen	NWU	17.04m 55-11.00	10
2		Derek Deyle	SO Doane	17.00m 55-09.25	8
3		Phil Brinks	Northwestern	15.61m 51-02.75	6
4		Nick Fynaardt	Northwestern	15.55m 51-00.25	4
5		Scott VanCura	Hastings	15.41m 50-06.75	2
6		Vinnie Olson	Sioux Falls	15.24m 50-00.00	1
7		Will Moman	Doane	15.14m 49-08.25	
8		Andrew Davis	Hastings	14.88m 48-10.00	
9		Andrew Ortmeier	Northwestern	14.87m 48-09.50	
10		Daniel Brommer	Northwestern	14.70m 48-02.75	
10		Chris Collins	NWU	14.70m 48-02.75	
12		Chris Hadden	NWU	14.50m 47-07.00	
13		Michael Tierney	FR Doane	14.42m 47-03.75	
14		Matt Baller	Concordia Un	14.36m 47-01.50	
15		Chris Krueger	NWU	14.15m 46-05.25	
16		Dan Jessop	Hastings	13.88m 45-06.50	
17		Jeremy Havener	Dana College	13.53m 44-04.75	
18		Eric Dunn	Concordia Un	12.70m 41-08.00	

Men Weight Throw

GPAC Record: \$ 61-09 2005 Will Moman, Doane College
 NAIA Auto: * 51-06.25

Name	Year	School	Finals		Points
1		Will Moman	Doane	18.82m 61-09.00	10
2		Derek Deyle	SO Doane	16.81m 55-02.00	8
3		Jake Chavez	Hastings	16.74m 54-11.25	6
4		Andrew Davis	Hastings	15.99m 52-05.50	4
5		Chris Hadden	NWU	15.69m 51-05.75	2
6		Joe Radke	Doane	15.60m 51-02.25	1
7		Jeff Hruby	DWU	15.53m 50-11.50	
8		Chris Collins	NWU	15.01m 49-03.00	
9		Seth Clemmer	Concordia Un	14.68m 48-02.00	
10		Scott VanCura	Hastings	14.57m 47-09.75	
11		Andrew Ortmeier	Northwestern	14.56m 47-09.25	
12		Matt Baller	Concordia Un	14.44m 47-04.50	
13		Dustin Nelson	Concordia Un	14.12m 46-04.00	
14		Jeremiah Schrock	Morningside	13.64m 44-09.00	
15		Mitch Williams	Hastings	13.38m 43-10.75	
16		Eloy Garza	Morningside	13.15m 43-01.75	

-- Keith Ahlers	Hastings	ND
-- Ryan Tietjen	NWU	ND

Women - Team Rankings - 18 Events Scored

=====			
1) Doane College	132.50	2) Concordia Univ	103.50
3) Nebraska Wesleyan Univ.	88	4) Midland Lutheran College	65
5) Hastings College	50	6) Northwestern College	40
7) University of Sioux Falls	36	8) Dordt College	30
9) Mount Marty College	6	10) Briar Cliff University	4
11) Dakota Wesleyan Univ.	2	12) Morningside College	1

Men - Team Rankings - 18 Events Scored

=====			
1) Nebraska Wesleyan Univ.	187	2) Doane College	127
3) Concordia Univ	69	4) Hastings College	51
5) Northwestern College	30	6) Dakota Wesleyan Univ.	22
7) University of Sioux Falls	19	8) Midland Lutheran College	16
9) Morningside College	14	10) Dordt College	12
11) Dana College	9	12) Briar Cliff University	2