



Great Plains Athletic Conference

BRIAR CLIFF CONCORDIA DAKOTA WESLEYAN DANA DOANE DORDT HASTINGS MIDLAND LUTHERAN
MOUNT MARTY NEBRASKA WESLEYAN NORTHWESTERN SIOUX FALLS MORNINGSIDE (2003)

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TO: Select Nebraska, South Dakota & Iowa Media
FR: Corey Westra, GPAC Information Director
RE: GPAC Tennis All-Conference
RELEASE DATE: Tuesday, May 13, 2003

GPAC All-Conference tennis teams released

(Sioux City, IA) – The Great Plains Athletic Conference (GPAC) has announced their tennis all-conference selections for 2003. Stacey Howard of Midland Lutheran has been named the GPAC women's Player-of-the-Year, while her coach Doug Hartman is the women's Coach-of-the-Year. Adam Lamprecht of Midland Lutheran has been named the men's Player-of-the-Year, while co-coaches Sandy Hilsabeck and Kirk Cox of Nebraska Wesleyan as well as Jeff Nelson of Sioux Falls share the men's Coach-of-the-Year honors.

2003 GPAC Women's Tennis All-Conference

First-Team:

Stacey Howard, Midland Lutheran
Olga Nadeina, Nebraska Wesleyan
Cassie Goodenough, Midland Lutheran
Karmen Grant, Hastings
Megan McCarthy, Sioux Falls
Kristin Munn, Nebraska Wesleyan

Second-Team:

Angie Norberg, Sioux Falls
Dani Grebin, Sioux Falls
Allison Jones, Dordt
Amy Schmidt, Nebraska Wesleyan
Chelsea Laursen, Midland Lutheran
Lindsay Pennington, Concordia

Honorable Mention:

Tiffany Lotter, Nebraska Wesleyan; Sarah Matherly, Dordt; Stephanie Strawn, Hastings; Tracy Scott, Northwestern; Marie Pylypczuk, Hastings

Women's Doubles:

First-Team:

Cassie Goodenough/Chelsea Laurson, Midland Lutheran
Stacey Howard/Jennifer Handley, Midland Lutheran

Megan McCarthy/Angie Norberg, Sioux Falls

Second-Team:

Tiffany Lotter/Kristin Munn, Midland Lutheran
Karmen Grant/Stephanie Strawn, Hastings
Amy Schmidt/Sarah Niazi, Nebraska Wesleyan

Honorable Mention:

Laura Sweley/Marie Pylypczuk, Hastings; Betsy Crofoot/Szende Faakas, Hastings

Coach-of-the-Year: Doug Hartman, Midland Lutheran

Player-of-the-Year: Stacey Howard, Midland Lutheran



GPAC All-Conference tennis teams released

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2003 GPAC Men's Tennis All-Conference

First-Team:

Adam Lamprecht, Midland Lutheran
Jamie Tallman, Nebraska Wesleyan
Ryan Burger, Concordia
Jesse Young, Sioux Falls
Erik Hjermsstad, Nebraska Wesleyan
#Andy Huls, Nebraska Wesleyan
#Dave Winegar, Sioux Falls

Second-Team:

Ryan Wiese, Sioux Falls
Nate Larson, Sioux Falls
Comron Yadzgerdi, Hastings
Eric Copeland, Northwestern
Doug Van Zanten, Northwestern

Honorable Mention:

Brett Bieber, Midland Lutheran; Corey
Vickery, Sioux Falls; Ryan Olson, Concordia;
David Vermeer, Dordt; Justin Schuiteman,
Northwestern

Men's Doubles:

First-Team:

Dave Winegar/Nate Larson, Sioux Falls
Erik Hjermsstad/Andy Huls, Nebraska
Wesleyan
Jeff Salem/Jamie Tallman, Nebraska Wesleyan

Second-Team:

Adam Lamprecht/Ben Damme, Midland
Lutheran
Jesse Young/Ryan Wiese, Sioux Falls
Ryan Burger/Tyler Poppe, Concordia

Honorable Mention:

Chris Salem/Tom Asbury, Nebraska Wesleyan;
Corey Vickery/Steve Bertsch, Sioux Falls;
Doug Van Zanten/Cory Gerleman,
Northwestern; Ben Ziegler/Justin Schuiteman,
Northwestern

Coaches-of-the-Year: Sandy Hilsabeck/Kirk
Cox, Nebraska Wesleyan and Jeff Nelson,
Sioux Falls

Player-of-the-Year: Adam Lamprecht,
Midland Lutheran

- Tie in the voting, seven named to mens
first-team, and five to second-team