



## Great Plains Athletic Conference

BRIAR CLIFF CONCORDIA DAKOTA WESLEYAN DANA DOANE DORDT HASTINGS MIDLAND LUTHERAN  
MORNINGSIDE MOUNT MARTY NEBRASKA WESLEYAN NORTHWESTERN SIOUX FALLS

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TO: Select Nebraska, South Dakota & Iowa Media

FR: Corey Westra, GPAC Commissioner

RE: 2010 GPAC Softball All-Conference Team

RELEASE DATE: Tuesday, May 11, 2010

### **2010 GPAC Softball All-Conference Team Announced**

(Sioux City, Iowa) - The 2010 Great Plains Athletic Conference (GPAC) Softball All-Conference team has been announced after a vote of league coaches. This year's GPAC All-Conference Team consists of a first-team, second-team, and an honorable mention list. Sarah Seymour from Dordt College was named the Hauff Mid-America Sports/GPAC Player-of-the-Year while Alysia Wittmaack from Nebraska Wesleyan was named the Hauff Mid-America Sports/GPAC Pitcher-of-the-Year. Jessica Jones-Sitzmann from Morningside College was named the 2010 Hauff Mid-America Sports/GPAC Coach-of-the-Year.

#### **FIRST TEAM:**

Name	School	Position	Year	Hometown
Kayla Clarey	Morningside	INF	Junior	LeMars, Iowa
Tana Colt	Briar Cliff	INF	Junior	Akron, Iowa
Clarissa Eloge	Concordia	INF	Junior	Rising City, Neb.
Laura Fugate	Concordia	INF	Senior	North Platte, Neb.
Kylie Helmink	Morningside	INF	Junior	Fairbury, Neb.
Sarah Seymour	Dordt	INF	Junior	San Diego, Calif.
Nicole Baker	Concordia	OF	Junior	Arvada, Colo.
Erin Bohlmann	Morningside	OF	Junior	Denison, Iowa
Dani Bryant	Nebraska Wesleyan	OF	Sophomore	Lincoln, Neb.
Rachel Harris	Northwestern	OF	Junior	Akron, Iowa
Whitney Poole	Doane	OF	Senior	Holtville, Ala.
Lenae Kryszak	Dana	C	Junior	Omaha, Neb.
Alyxis Peery	Morningside	C	Senior	Seward, Neb.
Kelly Baumert	Morningside	P	Senior	Omaha, Neb.
Kelly Sladek	Midland Lutheran	P	Senior	Cordova, Neb.
Alysia Wittmaack	Nebraska Wesleyan	P	Junior	Lincoln, Neb.
Mackenzie Neely	Morningside	DP	Freshman	Roland, Iowa
Brianne Nutty	Dana	UT	Senior	Omaha, Neb.

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**SECOND TEAM:**

<b>Name</b>	<b>School</b>	<b>Position</b>	<b>Year</b>	<b>Hometown</b>
Lauren Bodfield	Nebraska Wesleyan	INF	Freshman	Lincoln, Neb.
Erinn Brue	Midland Lutheran	INF	Senior	Underwood, Iowa
Tiana Gataivasa	Midland Lutheran	INF	Junior	Clarkson, Neb.
Kassandra Heynen	Dordt	INF	Junior	Boyden, Iowa
Jessie Smith	Midland Lutheran	INF	Senior	North Platte, Neb.
Chelsey Woodside	Hastings	INF	Senior	Columbus, Neb.
Jessica Horton	Briar Cliff	OF	Sophomore	Akron, Iowa
Megan Huizenga	Dordt	OF	Sophomore	Zeeland, Mich.
Natalie Meduna	Midland Lutheran	OF	Senior	Weston, Neb.
Kayla Peltz	Hastings	OF	Senior	Loveland, Colo.
Brooke Sampson	Doane	OF	Freshman	Bakersfield, Calif.
Lexie Cihak	Mount Marty	C	Senior	New Ulm, Minn.
Shelby Johnson	Northwestern	C	Sophomore	Akron, Iowa
Stacey Paladino	Hastings	P	Senior	Omaha, Neb.
Nicole Sempek	Concordia	P	Sophomore	Columbus, Neb.
Morgan Swanson	Morningside	P	Sophomore	Story City, Iowa
Paige Lager	Dana	DP	Sophomore	Missouri Valley, Iowa
Kami Kuhlmann	Northwestern	UT	Sophomore	Charter Oak, Iowa

**HAUFF MID-AMERICA SPORTS PLAYER-OF-THE-YEAR:** Sarah Seymour, Dordt College

**HAUFF MID-AMERICA SPORTS PITCHER-OF-THE-YEAR:** Alysia Wittmaaack, Nebraska Wesleyan

**HAUFF MID-AMERICA SPORTS COACH-OF-THE-YEAR:** Jessica Jones-Sitzmann, Morningside

**HONORABLE MENTION:**

**BRIAR CLIFF:** Reagon Anthony, Camille Cruz

**DAKOTA WESLEYAN:** Tiffany Bonifacio, Brandi Nekrassoff, Nicole Haley, Lauren Lynds

**DANA:** Taylor Morrow, Megan Gerdes

**DOANE:** Hannah Kroese, Kayla Hochstein, Christy Kobza

**DORDT:** Amanda Nikkel, Amber Soodsma

**HASTINGS:** Felicia Graff, Sasha Chavez

**MIDLAND LUTHERAN:** Emily Kmiecik

**MOUNT MARTY:** Jen Jerdee, Lauren Donlin

**NEBRASKA WESLEYAN:** Marcia Kennedy

**NORTHWESTERN:** Sara Curry

**SIOUX FALLS:** Katie Farley, Andrea Hacker, Jamie Sorensen

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