

GPAC Indoor Track and Field Meet Records Women's Division

May 31, 2007 Edition

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
60 Yard/55 Meter	Virgie Bullie	Midland Lutheran	7.07	1985
60 Meter	Charista Zehnder	Concordia	7.81	2007
60 Yd/55m Hurdles	Melody Robinson	Midland Lutheran	8.11	1985
60 Meter Hurdles	Katie Kosmos	Doane	8.85	2007
200 Meters	Gabriella Edwards	Briar Cliff	25.57	2003
200 Meters #	Tamisha Rose	Hastings	26.33	2004
300 Yards *	Carol Bailey	Concordia	36.11	1988
400 Meters	Claire Kersenbrock	Nebraska Wesleyan	56.92	2003
400 Meters #	Tamisha Rose	Hastings	58.43	2004
440 Yards *	Carol Bailey	Concordia	57.92	1988
600 Meters	Wendy Brouillette	Doane	1:34.52	2001
600 Meters #	Gail Klitz	Doane	1:37.91	2006
600 Yards *	Denise Day	Midland Lutheran	1:24.34	1983
800 Meters	Courtney Clinard	Nebraska Wesleyan	2:18.78	2001
800 Meters #	Ellie Windle	Doane	2:20.08	2006
880 Yards *	Kathy Waggoner	Doane	2:18.50	1989
1000 Meters	Mary Livengood	Doane	2:57.77	2001
1000 Meters #	Kaela Fisher	Nebraska Wesleyan	3:04.79	2004
1000 Yards *	Suzanne Weeder	Doane	2:37.22	1994
Mile	Mary Livengood	Doane	4:59.76	2001
Mile #	Anne Dreyer	Doane	5:13.39	2006
Mile *	Yvonne Hollmann	Midland Lutheran	5:00.18	1989
3000 Meters	Melissa Joel	Doane	10:33.66	2003
3000 Meters #	Gina Morgan	Nebraska Wesleyan	10:20.81	2004
Two Mile *	Amber Anderson	Midland Lutheran	11:07.94	1992
5000 Meters	Brittany Hubbard	Nebraska Wesleyan	18:15.11	2007
5000 Meters #	Mercy Dinwiddie	Nebraska Wesleyan	18:15.38	2006
1600 Meter Relay		Doane	3:56.15	2007
	(Erin Fogarty, Dani Nott, Ellie Windle, Katie Kosmos)			
1600 Meter Relay #		Doane	4:02.41	2006
	(Gail Klitz, Tiffany Roemmich, Stacey Bachle, Ellie Windle)			
Mile Relay *		Doane	4:02.54	1980
	(Kelly Lee, Carrie Micek, Connie Micek, Cheryl McPherson)			
3200 Meter Relay		Dordt	9:33.63	2001
	(Rebecca Demarest, Jessica Rowenhorst, Emily Kauk, Lisa Cannegieter)			
3200 Meter Relay #		Sioux Falls	9:39.60	2004
	(Nicole Harrison, Sarah Graner, Sara Molskness, Mary Fouberg)			
Two Mile Relay *		Northwestern	9:56.07	2002
	(Ashley Ruppert, Angela Van Meeteren, Kristin Erickson, Nancy Koskamp)			
Long Jump	Carol Bailey	Concordia	19' 1/4"	1989
High Jump	Kim Oden	Nebraska Wesleyan	5' 10"	1990/92
Shot Put	Kim Hayes	Doane	49' 10 1/4"	1994
Triple Jump	Shannon Milhaltan	Hastings	40' 09"	2002
Weight Throw	Sarah Greenup	Midland Lutheran	59' 04"	2004
Pole Vault	Meagan Bauer	Doane	12'-08.00"	2005

* Denotes a mark set on a 176 Yard Track

Denotes a mark set on a 160 Meter Track

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