

GPAC Indoor Track and Field Meet Records - Women's Division

February 20, 2012 Edition

| Event | Name | School | Time | Marks (Metric/Imperial) | Year |
|-------------------------|---|-------------------|----------|----------------------------|------|
| 55 Meter/60 Yard | Virgie Bullie | Midland Lutheran | 7.07 | | 1985 |
| 60 Meter | DeeJay Silcott | Doane | 7.70 | | 2010 |
| 55m/60y Hurdles | Melody Robinson | Midland Lutheran | 8.11 | | 1985 |
| 60 Meter Hurdles | Holly Andrews | Nebraska Wesleyan | 8.76 | | 2008 |
| 200 Meter | Gabriella Edwards | Briar Cliff | 25.57 | | 2003 |
| 200 Banked % | Blair Dixon | Doane | 25.12 | | 2011 |
| 160 Meter # | Tamisha Rose | Hastings | 26.33 | | 2004 |
| 300 Yards * | Carol Bailey | Concordia | 36.11 | | 1988 |
| 400 Meter | Claire Kersenbroek | Nebraska Wesleyan | 56.92 | | 2003 |
| 200 Banked % | Kendra Knight | Sioux Falls | 56.32 | | 2011 |
| 160 Meter # | Tamisha Rose | Hastings | 58.43 | | 2004 |
| 440 Yard * | Carol Bailey | Concordia | 57.92 | | 1988 |
| 600 Meter | Wendy Brouillette | Doane | 1:34.52 | | 2001 |
| 200 Banked % | Katie Swanson | Concordia | 1:35.28 | | 2009 |
| 160 Meter # | Gail Klitz | Doane | 1:37.91 | | 2006 |
| 600 Yards * | Denise Day | Midland Lutheran | 1:24.34 | | 1983 |
| 800 Meter | Courtney Clinard | Nebraska Wesleyan | 2:18.78 | | 2001 |
| 200 Banked % | Bethany Sutton | Concordia | 2:16.00 | | 2011 |
| 160 Meter # | Ellie Windle | Doane | 2:20.08 | | 2006 |
| 880 Yard * | Kathy Waggoner | Doane | 2:18.50 | | 1989 |
| 1000 Meter | Mary Livengood | Doane | 2:57.77 | | 2001 |
| 200 Banked % | Kym Bennett | Doane | 2:57.71 | | 2008 |
| 160 Meter # | Kaela Fisher | Nebraska Wesleyan | 3:04.79 | | 2004 |
| 1000 Yard * | Suzanne Weeder | Doane | 2:37.22 | | 1994 |
| Mile | Mary Livengood | Doane | 4:59.76 | | 2001 |
| 200 Banked % | Jen Kempers | Dordt | 5:02.57 | | 2008 |
| 160 Meter # | Anne Dreyer | Doane | 5:13.39 | | 2006 |
| Mile * | Yvonne Hollman | Midland Lutheran | 5:00.18 | | 1989 |
| 3000 Meter | Melissa Joel | Doane | 10:33.66 | | 2003 |
| 200 Banked % | Charity Miles | Northwestern | 10:05.69 | | 2011 |
| 160 Meter # | Gina Morgan | Nebraska Wesleyan | 10:20.81 | | 2004 |
| Two Mile * | Amber Anderson | Midland Lutheran | 11:07.94 | | 1992 |
| 5000 Meter | Kelly Waterman | Concordia | 18:15.11 | | 2007 |
| 200 Banked % | Charity Miles | Northwestern | 17:23.02 | | 2011 |
| 160 Meter # | Mercy Dinwiddie | Nebraska Wesleyan | 18:15.38 | | 2006 |
| 1600 Meter Relay | Gail Klitz, Jerillee Landgren, Ellie Windle, Tiffany Roemmich | Doane | 4:00.02 | | 2005 |
| 200 Banked % | Allison Hartnett, Jessica Steinkamp, Amanda Woodward, Blair Dixon | Doane | 3:55.00 | | 2011 |
| 160 Meter # | Gail Klitz, Tiffany Roemmich, Stacey bachle, Ellie Windle | Doane | 4:02.41 | | 2006 |
| Mile Relay * | Kelly Lee, Carrie Micek, Connie Micek, Cheryl McPherson | Doane | 4:02.54 | | 1980 |

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|-------------------------|--|-------------------|---------|-----------------|--------------|
| 3200 Meter Relay | Rebecca Demarest, Jessica Rowenhorst, Emily Kauk, Lisa Cannegieter | Dordt | 9:33.63 | | 2001 |
| 200 Banked % | Brittany Singleton, Jenean Williams, Katie Klein, Katie Lutmer | Concordia | 9:32.24 | | 2011 |
| 160 Meter # | Nicole Harrison, Sarah Graner, Sara Molskness, Mary Fouberg | Sioux Falls | 9:39.60 | | 2004 |
| Two Mile Relay * | Ashley Ruppert, Angela Van Meeteren, Kristin Erickson, Nancy Koskamp | Northwestern | 9:56.07 | | 2002 |
| Long Jump | Carol Bailey | Concordia | | 5.79m/19-00.25 | 1989 |
| High Jump | Kim Oden | Nebraska Wesleyan | | 1.77m/5-10.00 | 1990 1992 |
| Shot Put | Kim Hayes | Doane | | 15.19m/49-10.25 | 1994 |
| Triple Jump | Shannon Milhaltan | Hastings | | 12.42m/40-09.00 | 2002 |
| Weight Throw | Sarah Greenup | Midland Lutheran | | 18.08m/59.04.00 | 2004 |
| Pole Vault | Brigitte Gross | Sioux Falls | | 3.93m/12-10.75 | 2011 |
| Pentathlon | Jillian Ourada | Doane | | 3437 | 2011 |

% Denotes a mark set of a 200 Meter Banked Track

Denotes a mark set on a 160 Meter Track

* Denotes a mark set on a 176 Yard Track

Indoor records women.GPAC