



ALL TIME CROSS COUNTRY CHAMPIONS
SUMMARY OF MEN'S GPAC / NIAC CHAMPIONSHIPS

<u>YEAR</u>	<u>TEAM CHAMPION</u>	<u>RUNNER-UP</u>	<u>INDIVIDUAL CHAMPION</u>
NIAC Years			
1969	Doane (17)	NWU (47)	Ron Uarich - Doane
1970	Doane (33)	Concordia (44)	Dan Cloeter - Concordia
1971	Concordia (34)	NWU (48)	Dan Cloeter - Concordia
1972	Concordia (40)	NWU (43)	Dan Cloeter - Concordia
1973	Nebraska Wesleyan (45)	Doane (48)	Dan Cloeter - Concordia
1974	Nebraska Wesleyan (31)	Concordia (45)	Cliff Karthaus - NWU
1975	Doane (25)	Concordia (57)	Dave Cloeter - Concordia
1976	Nebraska Wesleyan (26)	Doane (29)	Bob Quick - NWU
1977	Nebraska Wesleyan (25)	Doane (39)	Jon Eggers - NWU
1978	Nebraska Wesleyan (28)	Doane (34)	Dale Bradley - NWU
1979	Doane (42)	NWU (56)	Kregg Einspahr - Concordia
1980	Midland (37)	Doane (45)	Kregg Einspahr - Concordia
1981	Midland (37)	NWU (40)	Kregg Einspahr - Concordia
1982	Midland (37)	NWU (40)	Brad Nick - Midland
1983	Midland (20)	NWU (52)	Brad Nick - Midland
1984	Nebraska Wesleyan (49)	Hastings (53)	Clint Hedges - Hastings
1985	Hastings (41)	Midland (57)	Clint Hedges - Hastings
1986	Midland (37)	NWU (51)	Shawn Wheelock - Doane
1987	Doane (41)	Midland (54)	Shawn Wheelock - Doane
1988	Nebraska Wesleyan (42)	Midland (53)	Andy Rinn - Midland
1989	Doane (34)	NWU (35)	John Early - NWU
1990	Midland (35)	NWU (48)	Gary Wasserman - NWU
1991	Nebraska Wesleyan (38)	Midland (52)	Gary Wasserman - NWU
1992	Hastings (44)	NWU (62)	Gary Wasserman - NWU
1993	Hastings (30)	NWU (41)	Jeff Novotny - Hastings
1994	Nebraska Wesleyan (36)	Hastings (38)	Sage Sarchet - Hastings
1995	Nebraska Wesleyan (43)	Dana (55)	Ben Sandy - Dana
1996	Dana (26)	Doane (38)	Ben Sandy - Dana
1997	Concordia (48)	Dana (53)	Brandon Seifert - Concordia
1998	Dana (38)	NWU (49)	Brandon Seifert - Concordia
1999	Nebraska Wesleyan (32)	Dana (65)	Brandon Seifert - Concordia
GPAC Years			
2000	Nebraska Wesleyan (22)	Dana (77)	Thor Esbenson - NWU
2001	Nebraska Wesleyan (22)	Concordia (70)	Mike Morgan -
2002	Nebraska Wesleyan (22)	Concordia (72)	Derek Fey - Dana
2003	Nebraska Wesleyan (28)	Concordia (35)	Andrew Walquist - Concordia
2004	Concordia (39)	NWU (45)	Andrew Walquist - Concordia
2005	Nebraska Wesleyan (23)	Concordia (55)	Levi Ashley - Nebraska Wesleyan
2006	Nebraska Wesleyan (37)	Doane (53)	Luka Thor - Concordia
2007	Nebraska Wesleyan (29)	Concordia (49)	Chris Dunker - Nebraska Wesleyan
2008	Nebraska Wesleyan (38)	Concordia (39)	Zach Meineke - Concordia
2009	Concordia (26)	Nebraska Wesleyan (72)	Zach Meineke - Concordia

2010
2011

Nebraska Wesleyan (48)
Nebraska Wesleyan (24)

Concordia (52)
Dordt (80)

Dana Schmidt – Concordia
Edwin Ronoh – Doane

Summary of Women's GPAC / NIAC Championships

<u>YEAR</u>	<u>TEAM CHAMPION</u>	<u>RUNNER-UP</u>	<u>INDIVIDUAL CHAMPION</u>
NIAC Years			
1979	Midland (24)	Concordia (32)	Barb Fugate - Doane
1980	Midland (39)	Concordia (39)	Sharon Holthaus - Concordia
1981	Midland (36)	Doane (46)	Lynn Mack - Doane
1982	Midland (23)	Doane (49)	Amy Doerr – Midland
1983	Midland (25)	Doane (42)	Karla Christensen - Midland
1984	Midland (18)	Hastings (56)	Karla Christensen - Midland
1985	Doane (24)	Hastings (59)	Regan TenBensel - Doane
1986	Hastings (48)	Doane (56)	Karla Christensen - Midland
1987	Doane (43)	Concordia (54)	Yvonne Hollmann - Midland
1988	Midland (33)	NWU (59)	Yvonne Hollmann - Midland
1989	Midland (25)	NWU (37)	Amber Anderson - Midland
1990	Midland (46)	NWU (49)	Amber Anderson - Midland
1991	Midland (52)	NWU (65)	Amber Anderson - Midland
1992	Doane (17)	NWU (77)	Suzanne Weeder - Doane
1993	Doane (17)	Hastings (77)	Suzanne Weeder - Doane
1994	Doane (26)	Concordia (59)	Becky Stieb - Doane
1995	Concordia / Doane (58)	TIE	Christina Barber - Doane
1996	Doane (37)	NWU (48)	Christina Barber - Doane
1997	Nebraska Wesleyan (34)	Concordia (31)	Amy Luft - Concordia
1998	Nebraska Wesleyan (30)	Concordia (51)	Stacey Hain– Concordia
1999	Concordia (39)	NWU (47)	Mary Livengood – Doane
GPAC Years			
2000	Nebraska Wesleyan (49)	Concordia (55)	Mary Livengood – Doane
2001	Nebraska Wesleyan (36)	Hastings (43)	Gina Morgan – Nebraska Wesleyan
2002	Concordia (30)	Doane (64)	Molly Engel – Concordia
2003	Nebraska Wesleyan (32)	Concordia (35)	Molly Engel – Concordia
2004	Concordia (15)	NWU (75)	Molly Engel – Concordia
2005	Concordia/Nebraska Wesleyan (31)	TIE	Brittany Hubbard - Nebraska Wesleyan
2006	Nebraska Wesleyan (23)	Concordia (76)	Brittany Hubbard – Nebraska Wesleyan
2007	Nebraska Wesleyan (45)	Concordia (77)	Olivia Johnson - Northwestern
2008	Nebraska Wesleyan (65)	Concordia (89)	Jen Kempers - Dordt
2009	Nebraska Wesleyan (29)	Concordia (64)	Jackie Spelts – Nebraska Wesleyan
2010	Nebraska Wesleyan (38)	Morningside (78)	Michelle Steiger – Dordt
2011	Nebraska Wesleyan (28)	Concordia (84)	Hannah Kinberg – Nebraska Wesleyan